

**JUST  
LEAD**  
WITH MARK Q



# SHOW NOTES

## EPISODE 33: The Christmas Movie Leadership Mt. Rushmore

Grab some popcorn & get ready to discover some leadership gold inside of your favorite Christmas classics. Yeah, yeah, don't act like you don't have those Hallmark movies on repeat (even if it is just the same story with different sweaters)! Believe it or not, there's essential lessons we can apply to our life, family, and organizations tucked away in the movies we watch every Christmas. Be careful with the hot cocoa when you're taking notes on this one!

### ELF

#### ***Your joy is contagious.***

Your attitude is a direct expression of what you're taking in. If you find yourself being cynical, critical, or negative, check your inputs & what you're consuming. If you want to increase your joy this Christmas season, **remember "the why"** of the season — that God sent his son so that he could have relationship with us. We have to be deliberate about finding joy in every season.

Attractive leaders aren't just crushing goals & casting vision — they're doing it with a JOYFUL attitude. That approach creates an atmosphere that inspires & galvanizes a team.

### A CHRISTMAS CAROL

#### ***Generous leaders have increasing influence.***

Generosity isn't just about money. In fact, the original biblical language speaks to generosity as "expanding." **Proverbs 11:24** says, "the world of the generous gets larger and larger, and the world of the stingy gets smaller and smaller." Generous people are generous, period. They are generous with their patience, time, love, and as a result, their resources too.

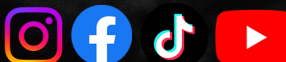
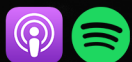
People remember **how you make them feel** more than what you say. Generosity is **magnetic** & people will follow generous leaders. When we become selfish, our circle becomes smaller & there's no one around us to experience joyful moments. Generosity doesn't have to be **extravagant**; it's often best expressed in the smallest of ways.

### FOUR CHRISTMASES

#### ***We all have a little crazy in our families. Set boundaries & be ready when the crazy happens.***

Set your boundaries **ahead of time** so you're not surprised when something comes up. Whether it's how long you're going to stay at the Christmas gathering, or what topics of conversation you're going to avoid, define your parameters **before** you show up. You can't control people, but you can control how you will respond to potential triggers.

Bet on it, someone is going to make a political comment. Why add fuel to the fire? You actually don't have to say anything, and not everyone needs to know what you think. Because even if you're right, those words are falling on rocky soil. Your words are too valuable to waste.



## IT'S A WONDERFUL LIFE

**Take time this Christmas to surround yourself with gratitude, appreciation, & the people you love.**

Christmas can be a tough season for so many people. Depression rates skyrocket during this time, and many people get stuck looking back at the year feeling unfulfilled and dissatisfied. Frustration is the result of unmet expectations. Check your expectations; are they so high that they're unrealistic?

Practically speaking, the gifts you buy this Christmas don't have to be over the top. Write letters, spend time, enjoy others' presence more than just presents. *"No man is a failure who has friends."* The community you create & the moments you create with the people you love is the most important thing this Christmas.

## ADDITIONAL RESOURCES:

- [Top 100 Christmas Movies of All-Time | IMDB](#)
- [Surprised by Joy by CS Lewis](#)
- [Joy, Inc. How We Built A Workplace People Love by Richard Sheridan](#)
- [The Generosity Factor by Ken Blanchard & S. Truett Cathy](#)
- [Boundaries by Cloud & Townsend](#)
- [How To Win Friends & Influence People by Dale Carnegie](#)
- [Therapist Explains Why Your Family Drives Your Crazy At The Holidays | HuffPost](#)
- [The Gift of Influence by Tommy Spaulding](#)
- [Live Bullet by Bob Segar & the Silver Bullet Band](#)

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